

21st Kaweka Challenge

web



27 - 28 Feb 2010

The Highest
Endurance Race
in New Zealand

You can enter online at www.kawekachallenge.org.nz

This is my 5th 10th 15th 20th Challenge (Circle if appropriate) M/F Age on 27.02.10

First Name: _____ Surname: _____

Address: _____ Phone: (0) _____

Email: _____ Results by *email / post* (circle one)

Details of tramping experience, medical experience/concerns e.g. allergies: _____

Own Sport Ident Card no _____ Need to hire Sport Ident Card__ (2 day events need 2 Sport Ident Cards) \$3 per card \$ _____

(2nd person in pair) This is my 5th 10th 15th 20th Challenge (Circle if appropriate) M/F Age on 27.02.10

First Name: _____ Surname: _____

Address: _____ Phone: (0) _____

Email: _____ Results by *email / post* (circle one)

Details of tramping experience, medical experience/concerns e.g. allergies: _____

Own Sport Ident Card no _____ Need to hire Sport Ident Card__ (2 day events need 2 Sport Ident Cards) \$3 per card \$ _____

(3rd person in team) This is my 5th 10th 15th 20th Challenge (Circle if appropriate) M/F Age on 27.02.10

First Name: _____ Surname: _____

Address: _____ Phone: (0) _____

Email: _____ Results by *email / post* (circle one)

Details of tramping experience, medical experience/concerns e.g. allergies: _____

Own Sport Ident Card no _____ Need to hire Sport Ident Card__ (2 day events need 2 Sport Ident Cards) \$3 per card \$ _____

Results by post \$ _____

Course I/ we wish to enter :

C1	41km Classic Course	M__ F__ VM__ VF__	\$72 per person	\$ _____
C3	28 km One Day Course	M__ F__ VM__ VF__ SVM__ SVF__	\$72 per person	\$ _____
C4	30 km Two Day Course	Solo M__ F__ VM__ VF__	\$72 per person	\$ _____
		Pairs M__ F__ VM__ VF__ Mixed__	\$72 per person	\$ _____
C5	13km One Day	M__ F__ VM__ VF__ SVM__ SVF__	\$35 solo or pair	\$ _____
		School Pair __ Jnr Boy__ Jnr Girl__	\$20 solo or pair	\$ _____
C6	29km One Day Duathlon	Solo M__ F__ VM__ VF__	\$65	\$ _____
		Vet _____ Team__	\$65	\$ _____

40 yrs and over Super Vet 55 yrs and over

Late entry fee \$10 applies after 13th Feb 2010 for courses 1,3,4 & 6

Camping Friday Night _____ no of people Saturday Night _____ no of people at \$5 per person \$ _____

Early Bird Prize Cut Off Date 9 January 2010

Women 8 10 12 14 16
Men XS S M L XL XXL 3XL 5XL
Comfort Fit (Adults) S M L XL 2XL 3XL
Slim Fit (Ladies) 8 10 12 14 16 18 20



Merchandise:

Black Runner's Cap	_____	\$15	_____
Black Beanie	_____	\$15	_____
Dri Gear T-Shirt, UV rated	_____	\$38	_____
Dri Gear Polo Shirt, UV rated	_____	\$38	_____

\$ _____

Payment by cheques or direct credit into Kaweka Challenge Account, Westpac, Napier Account 03-0698-0968936-00 with reference _____ Amount enclosed : \$ _____

COURSE 1: SOLO CLASSIC ONE DAY (Saturday 27th February 2010)

Category: Super fit
Minimum age 18 years
Length, approximately 41 km
Climb, approximately 3200 m

Climb 750 m to Kuripapango Hill. Follow the ridges to Kiwi Saddle and Kaiarahi to Kaweka J (1724 m), the highest point in Hawke's Bay. Down Makahu Trials Spur and return via the Matauria Ridge, Mackintosh Plateau, and Lakes car park to finish at the Event Centre.

COURSE 3: ONE DAY SOLO (Saturday 27th February 2010)

Category: Extra fit
Minimum age 16 years
Length, approximately 28 km
Climb, approximately 2270 m

Climb 750 m to Kuripapango Hill. Follow the ridges via Kiwi Saddle and Kaiarahi (1500 m) to Mackintosh Spur. Down Mackintosh Spur and south along the Kaweka track. Return via Lakes car park to finish at the Event Centre.

COURSE 4: TWO DAY SOLO / PAIR (Saturday 27th / Sunday 28th February 2010)

Category: Fit
Minimum age 16 years
Length, approximately 30 km
Climb, approximately 2330 m

Saturday: Climb 750 m to Kuripapango Hill. Follow the ridges via Kiwi Saddle and Kaiarahi (1500m) to Mackintosh Spur. Down Mackintosh Spur to overnight camp site beside Mackintosh Hut.

Sunday: Return via Lakes car park to finish at the Event Centre. This course is able to be tramped within the time limits set.

COURSE 5: ONE DAY SOLO / SCHOOL PAIR (Sunday 28th February 2010)

Category: Fit
Minimum age 14 years (Guardian consent required for under 16 year olds.)
Length, approximately 13 km
Climb, approximately 950 m

Climb 750m to Kuripapango Hill (1250 m). Descend to the Lakes car park and return around the base of Kuripapango Hill to finish at the Event Centre.

COURSE 6: DUATHLON (RUN / CYCLE / RUN) ONE DAY, SOLO / TEAM (Sunday 28th February 2010)

Category: Fit
Minimum age 14 years (Guardian consent required for under 16 year olds.)
Length, total approximately 29 km
Climb, approximately 1050 m

Climb 750m to Kuripapango Hill (1250 m), then descend to the Lakes car park. Course continues with a 16 km mountain bike ride over forestry roads and tracks returning to the Lakes car park. The last section is a run around the base of Kuripapango Hill to finish at the Event Centre.

For more information and to download further Entry Forms visit www.kawekachallenge.org.nz or contact Louise or Tim, email: kaweka@gmail.com, Phone: (06) 8449933

[Send Entry Form to: J Herries, Kaweka Challenge Committee, 15 Morley Road, Hastings.](#)

For the list of clothing, equipment, rules and conditions please refer to www.kawekachallenge.org.nz.

All competitors will be required to go through a gear check and then to sign their official entry form at registration prior to racing.

Refunds will be paid on any cancellation received by 13th February.

Late entry fee \$10 applies after 13th Feb 2010 for courses 1,3,4 & 6



Organised by the HAWKE'S BAY ORIENTEERING CLUB INC, HERETAUNGA TRAMPING CLUB INC and the AREC.